

# RAUL CUERVA MORA

18/11/1995 (29 years old)

Spain, Toledo



OLYMPIC COACH IN OLYMPIC GAMES OF TOKYO 2021

SENIOR EUROPEAN CHAMPION COACH (with Elena Quirici -68kg 2023)

SENIOR VICE-WORLD CHAMPION COACH (with Elena Quirici -68kg 2023)

U21 WORLD CHAMPION COACH (with Sophie Bednarski +68kg 2024)

3 x Grand Winner Coach

WKF Instructor for Pan-American Games Training Camp

Karate Coach License in Spain

J+S Coach by Swiss Olympic Committee

Titulation in Sport High level Performance

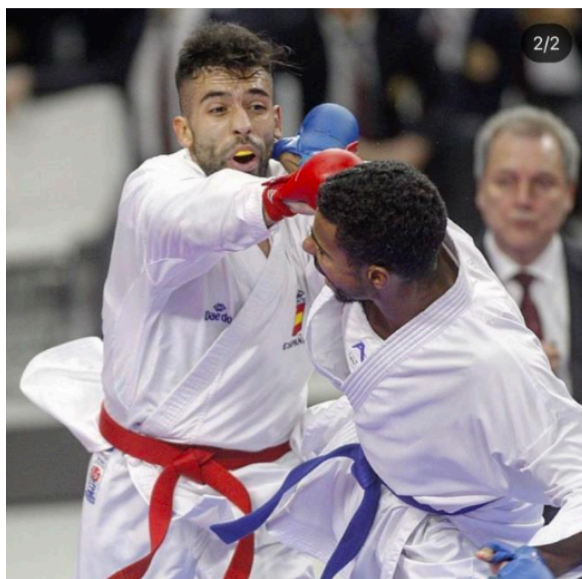
Titulation in Personal Training and Fitness

WKF Accredited Coach

## **CAREER AS AN ATHLETE:**



- - 3rd Place Junior European Championship 2013 Konya
- - 3rd Place Junior World Championship 2013 Guadalajara
- - 3rd Place Mediterranean Championship 2016 Spain
- - 2nd Place Iberoamerican Championship 2016 Portugal
- - 5th Place World Championship in Team 2016 Linz (Austria)
- - 3rd Place Premier League Rabat 2017
- - 3rd Place Serie A Toledo 2017
- - 2nd Place European Championship in Team 2018 Novi Sad (Serbia)
- - 3rd Place University World Championship 2018 Kobe (Japan)
- - 5th Place World Championship 2018 Madrid
- - 2nd Place European Championship in Team 2019 Guadalajara
- - Top 15 in World Ranking WKF Senior -67KG



- - **Personal Coach of Elena Quirici (Switzerland) -61Kg and -68Kg**

**1<sup>st</sup> WKF RANKING -68kg**



- Vice-World Champion 2023
- European Champion **6 TIMES (last time 2023)**
- **Olympic Athlete - 5<sup>th</sup> Place in Olympic Games 2021**
- Silver Medal European Games 2023
- 4 x Grand Winner Premier League (2016, 2023, 2024, 2025)
- 31 Premier League Medals (Gold, Silver and Bronze)
- Number 1 All Times Ranking WKF

## FORMER COACH FOR NATIONAL TEAM SWEDEN

January 2022 – June 2025

- Anna-Johanna Nilson. Senior -61kg
  - Bronze Medal European Championship 2023
  - Silver Medal Premier League Baku 2022
  - Qualification for World Games 2022
  - Qualification for European Games 2023
  - Silver Medal Premier League Cairo 2024
  - Bronze Medal European Champion 2025
  - Number 9 WKF Ranking
- Agnes Nyman. Junior -48kg
  - Junior European Champion 2023
  - 2 x Gold Medal Youth League 2023
  - Gold Medal Youth League Venice 2024
  - Silver Medal World Championship 2024
  - Junior European Champion 2025
  - Number 1 WKF Ranking Junior
- Sophie Bednarski u21 +68kg
  - World Champion u21 2024
  - Gold Medal Youth League 2023
  - Bronze Medal Serie A Georgia 2025
  - 7<sup>th</sup> Place European Championship Senior
  - Number 1 WKF Ranking u21
- Taha Bechtioui Junior -61kg
  - Bronze Medal Youth League Porec 2023
  - Gold Medal Youth League Porec 2025
- Ricky Haag. Senior -75kg
  - Number 25 WKF Ranking Senior
  - 5<sup>th</sup> Place Serie A Matosinhos
  - 7<sup>th</sup> Place Premier League Paris
  - 7<sup>th</sup> Place European Championship Senior
- Matilda Roselind Senior -55kg
  - 3 x Bronzes Serie A
- Josef Mustafa Cadet -52kg
  - 2 x 5<sup>th</sup> Place Youth League 2025

- **Personal Coach of Maria Stoli (Greece) -55kg**

**4th WKF RANKING -55kg**



- Bronze Medal Serie A Pamplona, 2022
- Bronze Medal Premier League Matosinhos, 2022
- 5th Place Serie A Cairo, 2023
- Gold Medal Serie A Athens, 2024
- Silver Medal Premier League Cairo, 2024
- Bronze Medal European Championship Senior, 2024

- **Personal Coach of Niamh Junner (Scotland) +68Kg**

**11<sup>th</sup> WKF RANKING +68kg**



- Silver Medal Senior Serie A, 2022
- Bronze Medal European Championship u21, 2022
- Bronze Medal World Championship u21, 2022
- 5<sup>th</sup> Place Senior European Championship, 2022
- 5<sup>th</sup> Place Premier League Rabat, 2023
- 5<sup>th</sup> Place Senior European Championship, 2023
- 5<sup>th</sup> Place Premier League Antalya, 2024
- 5<sup>th</sup> Place Premier League Cairo, 2024
- 5<sup>th</sup> Place Premier League Casablanca, 2024
- Bronze Medal European University Championship, 2024

- **Personal Coach of Maya Schaerer (Switzerland) -55Kg**

**28<sup>th</sup> WKF Ranking -55kg**



- Bronze Medal Premier League Cairo, 2021
- 7<sup>th</sup> Place Premier League Fujairah, 2022
- Bronze Medal Premier League Rabat, 2022
- Bronze Medal Premier League Fukuoka, 2023
- 7<sup>th</sup> Place Premier League Antalya, 2024

- **Personal Coach of Conor O’Sullivan (Ireland) -67kg**

**37<sup>th</sup> WKF Ranking -67kg**



- Silver Medal Serie A Salzburg, 2024
- British Open Champion, 2024



- **Personal Coach of Aicha Boutracit (Switzerland) u21 -50kg**



- Gold Medal Youth League Porec, 2024

- **Personal Coach of Naiya Wohlgemuth u21 -61kg**



- Bronze Medal Youth League A Coruña, 2023



**COLLABORATED WITH NATIONAL TEAMS OR CLUBS FROM NEXT COUNTRIES:**

- Sweden Karate Federation
- Czech Republic Karate Federation
- Swiss Karate Federation
- Ecuador Karate Federation
- Latvia
- Canada
- Luxemburg
- Paraguay Karate Federation
- Italy
- Greece